



## Good to know! - Sailing camp

## The right equipment!

- Warm, windproof and rainproof clothing. It is usually cooler on the water than on land and the weather can change quickly. Warm rain gear is especially important in the early months of May and June.
- · Please do not forget spare clothes!
- · Sailing, neoprene or sneakers with light sole or rubber boots
- towel
- Food and drinks fort he breaks
  Small tip: in the camp gastronomy there are special offers for children and teenagers.
- · Sunscreen, sunglasses and headgear
- · booking confirmation
- sogned participation rules
- ...and of course a lot of good mood, then sailing is fun!

The sailing camp provides all participants\* with a **solid/life jacket** free of charge. In addition, please hand in the booking confirmation and the signed participation rules at the information desk in the large reception tent (10x10 pagoda) at the sailing camp before the start of the course and pay the course fees, if not already done in advance.

## Sailing is team sport!

- Each participant should always behave in a fair, **sporting** and **team-oriented** manner. The staff of the sailing camp is to be obeyed within the scope of the course offer and on the premises of the sailing camp.
- Safe and considerate behavior on the water and on land helps everyone.
- During the practical courses collisions of the boats are to be avoided
- In emergency situations, keep calm and immediately inform the instructor or the staff of the sailing camp.
- The ten golden rules for the behavior of water sportsmen in nature are to be observed.
- The leading sailing instructors of the sailing camp are highly trained. They have the legally required qualifications, extensive experience in the field of sailing education and excellent **1st aid training**.
- 1st aid equipment is extensively available and appropriately marked on shore: They are located, among others, in the reception tent (10x10 pagoda) on the premises of the sailing camp. In addition, 1st aid kits are available on the larger sailboats (cutters, skippi-yachts and dinghies) as well as on the backup motorboats. Please contact the camp staff if needed.







## What else is worth knowing and paying attention to?

• The sailing camp is a **non-commercial and public project**. It has the objective to convey fun and joy in water sports. The taster sailing offers should provide first and positive insights into this sport. Fun and the common experience are in the foreground. Therefore, no official certificates are offered. Further **sailing education** should take place in sailing clubs and commercial sailing schools. For the choice of the right club or water sports school we recommend the water sports flyer.

